

“FIRMLY PLANTED”
Youth Study #2
“D.F.F. 2 G.H.T.J in Law of the F.O.R.D”

Opening Activity....

Note: All activities here can be used where you want, some may serve as openers, others as a way to close. Be with the youth, enjoy their presence and look to get them all involved by encouraging them. Also, never be afraid to use even the activities as teaching tools....

Sit Down if...

Get everyone to stand up, then read through the following list. The last person standing is the winner!

- Sit down if you have eaten chocolate today
- Sit down if you are wearing purple
- Sit down if you were born in September
- Sit down if you have blue eyes
- Sit down if you are the youngest child
- you have broken a bone
- gone for two weeks without a shower
- can speak more than two languages
- etc....

Balloon Defense

Buy two different colored balloons, 25 to 50 of each for two teams of play. Choose colors according to the closest holiday or anything relevant (opposing school colors if you're in a small town).

Form two teams. Each team must defend its treasure (a pile of balloons) while attempting to steal or destroy the other team's treasure. Use one color of balloons for one team, and another color for the other team. Designate a time period (five to 10 minutes) to play the game. When the time ends, each team's unpopped balloons count 100 points each. Stolen, unpopped balloons count 200 points each.

Depending on your team, this can be either played as a Capture the Flag style game, or just all out full contact. Have fun with this game, and make it your own!

The STUDY of God's Word—Psalm 1:2

Note: This study and the other three could be done before the FLY convention, or after, or both (2 before, 2 after; 1 before, 3 after). I would recommend that 3 and 4 for sure be done after. Another thought is do one or two of these on the trip to the FLY convention (great for bus trip, or when you make a stop).

*A Possibility for this study would be to go to a farm or a place where you can view a cow. (Maybe stop in New Salem, ND if you're traveling I-94 out to the convention. Well, there are many places to view cows on the way to Colorado.) It is not necessary, but would make it rather interesting.

*Stop, pull out your Bibles and read together Psalm 1. (Note to the students that you will be spending your time in verse 2 for this study.)

*Discuss the following: (The method of discussion is up to you—questions, breaking into groups, student led, leader led, acting out.....etc. But in some way bring everyone or keep everyone together and hit these key points.)

1. **DELIGHT**—What are some things that you delight in? (Brainstorm, maybe write them down on a white board...)

2. **But his DELIGHT is in the Law of the LORD**—Discuss what it means to hold God's Word not only as precious (Maybe use LORD of the Rings reference—Gollum and Ring), but to use it on a regular basis. (Is God's Word really that important? Why? Is it really useful each day? Why should it be a delight to us?)

3. Use two passages to describe **DELIGHT**....(You can use your concordance to find some, but here are a couple of possibilities...)

a. **1 Samuel 15:22-23** (You may want to tell this story, read it as a group, or even act it out, but make sure you emphasize what God delights in—OBEDIENCE.

b. **2 Corinthians 12:9-10** (Delighting in weakness, for we are strong in the LORD—a good idea here is to bring someone who is big and strong and someone else who is more petite, or weak. Simply note that in Christ, we are **STRONG**

4. **...and on His law he MEDITATES day and night.**—How is this accomplished? What is MEDITATION? (Discuss the meaning and how meditation is not just the “hummmmmmmmm” used in yoga, or Buddhism....etc., but it really means to go over something again, again and again.) How can we meditate on the Word of God?

5. Finally, pull out a picture of a cow, and discuss how they “chew the cud” and how they digest food, their stomachs. This rumination is a picture of how we can go over God's Word again and again and truly make it a part of our life. (P.S. You can do this however you want. Some kids may wonder if you're strange or cuckoo, but hey, you're working with youth!)

6. **PRAY** together. (Various methods can be used, but make sure they know that you are praying to and with God. They've heard Him speak through His Word, now they have an opportunity to talk with Him.)

At the end of your time, ask them about their daily time of reading God's Word and prayer (Devotions). Give suggestions.....

SNACK TIME

Note: Snacks are one of the ways to a youth's heart, well their stomach; and it is always a good time. Be sure to use something that may serve as a reminder of what you took a look at in the Bible. Obviously the things mentioned here will only be recommendations, but certainly be creative. Think of snack time as a way to reinforce Biblical concepts. (P.S. Always interested to hear about how you used this study, or the creative ways you brought forth the truth of God's Word.)

Possible snacks for this lesson—Sunny DELIGHT; Kemps Ice Cream (The Cow).