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# "What's in Your Lunch Box?"

By Joan Korhonen

John 6: 9 "There is a lad here who has five barley loaves and two fish, but what are these for so many people?"

Do you remember asking or being asked what was in your lunch box? In John 6:1-14, we read of Jesus abundantly feeding the 5000 with one lad's food. From these verses, we see that Jesus can use our "lunch" we give to Him to bless others.

First, we see that the lad was prepared. By daily reading God's

Word and prayer, you will be prepared to share with those needing encouragement and hope. You will also be prepared to battle discouragements, doubts, temptations and sin. Jesus will use our preparations to bless others.

We also see that the lad took time to be with Jesus. God's Word advises us to use our time wisely because there are many things in life that will distract us. Perhaps Jesus is asking you to take time to share Jesus with a specific friend or participate in some ministry. Jesus will use our time to bless others. "Therefore, be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil," Ephesians 5:15-16.

Lastly, we see that the lad showed love by willingly sharing his little lunch. As followers of Christ, we each have a ministry. Do friends know that you love Jesus or are you silent? Jesus will use our love to bless and encourage others.

Jesus took that one little lunch and multiplied it miraculously. Our heart is our lunch. If your lunch box is empty, you have nothing to share. If you find that you don't have a concern or love for lost people, pray that God would give you a heart for people. Are you willing to share your lunch?

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Remember to pray for our missionaries as they serve the Lord where He has placed them.

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